

# How To Send A Package

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## MASTERING THE ART OF SHIPPING: YOUR COMPLETE GUIDE ON HOW TO SEND A PACKAGE

Whether you are sending a birthday gift to a family member across the country, returning an online purchase, or fulfilling an order for your small business, knowing how to send a package is an essential skill in our interconnected world. The process may seem straightforward, but there is a surprising amount of nuance involved in ensuring your parcel arrives safely, on time, and without breaking the bank. From selecting the right box to understanding shipping labels and choosing between carriers, each step plays a critical role. This comprehensive guide walks you through every stage of the shipping process, so you can send packages with confidence and ease.

## Why Knowing How To Send a Package Matters More Than You Think

In an era of e-commerce and remote communication, shipping has become a daily activity for millions of people. Getting it right the first time saves you money, reduces stress, and prevents the headache of lost or damaged items. Moreover, understanding the logistics behind shipping empowers you to make informed decisions whether you are mailing a small envelope or a bulky box. By mastering the fundamentals of how to send a package, you also gain the ability to compare services, negotiate rates, and track your shipments effectively. This knowledge is not just convenient; it is a practical life skill that pays dividends with every package you send.

### STEP 1: GATHER YOUR MATERIALS AND PREPARE THE CONTENTS

Before you even think about visiting the post office or printing a label, you need to ensure your item is ready for its journey. Proper preparation is the foundation of successful shipping. The goal is to protect the contents so they arrive in the same condition they left.

## Choosing the Right Box or Envelope

The container you use must be sturdy enough to withstand handling and stacking. You do not need to buy new boxes every time; recycled boxes work well as long as they are in good condition. Remove all old labels and barcodes to avoid scanning errors. If you are shipping something fragile, double-wall corrugated boxes offer extra protection. For smaller items, padded envelopes or rigid mailers are excellent options. Always select a container that is slightly larger than the item itself to leave room for cushioning material.

- **Cardboard boxes:** Best for heavy or bulky items. Choose a size that allows at least two inches of padding on all sides.
- **Padded envelopes:** Ideal for books, clothing, electronics accessories, and documents.
- **Poly mailers:** Lightweight and water-resistant, perfect for soft goods like textiles.
- **Tube containers:** Designed for posters, blueprints, and rolled documents.

## Cushioning and Protecting Your Items

Never assume that the carrier will handle your package with care. Packages are sorted by machines and moved by conveyor belts, so internal padding is non-negotiable. Use bubble wrap, packing peanuts, crumpled kraft paper, or foam inserts to fill empty spaces. The item should not shift around when you shake the box gently. For delicate electronics or glassware, wrap each piece individually and place them in the center of the box surrounded by ample cushioning. If you are shipping multiple items together, separate them with cardboard dividers or additional padding to prevent them from knocking against each other.

## Sealing the Package Securely

Use a strong packing tape, such as acrylic or hot-melt tape, to seal all seams. Do not use masking tape, duct tape, or cellophane tape, as these are not designed for shipping and may fail. Apply tape along the center seam and over the edges in an H-pattern for boxes. For envelopes, ensure the adhesive flap is pressed down firmly. If the weight is substantial, reinforce the bottom of the box with extra tape. A poorly sealed package is one of the most common mistakes people make when learning how to send a package, leading to lost contents and unhappy recipients.

### STEP 2: WEIGH, MEASURE, AND DETERMINE COSTS

Shipping costs are primarily determined by weight and dimensions, so accuracy is critical. Underestimating either could result in your package being returned or delayed, while overestimating leads to unnecessary expense.

## How to Weigh and Measure Correctly

Use a postal scale or a kitchen scale to get the precise weight of the packaged item. If you do not have a scale, you can estimate, but this is risky. Most carriers also have scales at their drop-off locations.

For dimensions, measure the length, width, and height of the box at its longest points. Round up to the nearest inch or centimeter depending on the carrier's requirements. The sum of length plus girth (width plus height times two) is often used for oversize packages. Always measure after the box is packed and sealed, because bulging sides can change the dimensions.

## Understanding Dimensional Weight Pricing

Carriers use a pricing system called dimensional weight (DIM weight) for large but lightweight boxes. This means that if your box is big but light, you may be charged based on its size rather than its actual weight. To calculate DIM weight, multiply length by width by height and divide by a factor (typically 139 for domestic shipments). If the DIM weight is higher than the actual weight, you pay for the DIM weight. Knowing this helps you choose the smallest possible box for your item, which is a

key money-saving tip when you learn how to send a package.

## Comparing Shipping Rates Across Carriers

Different carriers have different strengths. USPS (United States Postal Service) is often the most affordable for small packages and flat-rate boxes. UPS and FedEx are generally better for heavier shipments and offer faster transit times. Regional carriers and courier services may also be available in your area. Use online rate calculators or multi-carrier shipping platforms to compare prices before you commit. You may be surprised at how much a single pound or inch can change the cost.

### STEP 3: CREATE A SHIPPING LABEL AND COMPLETE DOCUMENTATION

Once your package is packed and measured, you need a shipping label. This label contains the destination address, return address, tracking number, and sometimes barcodes for sorting. You have several options for obtaining one.

## Printing Labels at Home vs. Buying at the Counter

Printing labels at home is usually cheaper because you can take advantage of online discounts. Most carriers offer significant discounts for prepaid labels generated through their websites or third-party platforms. You simply print the label, affix it to the package, and drop it off. If you do not have a printer, you can write the address clearly on the package and purchase postage at the carrier's counter, but you will pay full retail rates.

## What Information Must Be Included

- **Recipient's full name and address:** Include apartment numbers, suite numbers, and ZIP codes. Verify the address with the recipient if possible.
- **Return address:** Your full name and address in the upper left corner. This ensures the package can be returned if undeliverable.
- **Tracking number:** This is your peace of mind. Always use a service that includes tracking, even for inexpensive items.
- **Special handling labels:** If your package is fragile, perishable, or contains hazardous materials, affix the appropriate warning labels.

## International Shipping Documentation

If you are sending a package across borders, you will need a customs declaration form. This document lists the contents, their value, and whether they are a gift, merchandise, or sample. Be honest and accurate, as customs officials rely on this information to assess duties and taxes. Common forms include the CN22 for small packages and the CP72 for larger or more valuable shipments. Additionally, some countries prohibit certain items, so check the destination country's import regulations before you ship. Knowing how to send a package internationally also requires understanding incoterms and who pays for duties.

### STEP 4: CHOOSE YOUR SHIPPING SERVICE AND SPEED

Carriers offer a range of services from economy ground to overnight express. Your choice depends on how quickly the package needs to arrive and how much you are willing to spend.

## Domestic Shipping Service Options

**Ground shipping** is the most economical option for non-urgent packages. Transit times range from 2 to 8 business days depending on distance. If you need faster delivery, priority or express services cut the time to 1 to 3 days. Overnight shipping guarantees delivery by the next business day, but it comes at a premium. For very heavy or large items, freight shipping may be necessary.

## Flat-Rate Boxes and Envelopes

Many people learning how to send a package overlook flat-rate options. With flat-rate shipping, you pay a fixed price regardless of weight, as long as the item fits in the carrier's standardized box or envelope. This is an excellent value for heavy items that fit snugly. USPS Priority Mail Flat Rate boxes are very popular for this reason. Just remember that if you can fit more into the box, you do not pay extra, so flat-rate is great for dense, small items.

### STEP 5: DROP OFF OR SCHEDULE A PICKUP

With your package packed, labeled, and paid for, the final step is getting it into the carrier's network. You have multiple options depending on your schedule and location.

## Dropping Off at a Carrier Location

You can take your package to the nearest post office, UPS store, FedEx location, or authorized drop-off point. Many carriers also accept packages at staffed counters within retail stores. Check the operating hours and whether the location accepts prepaid packages or only those purchased on-site. Some drop boxes are available for after-hours drop-off, but avoid using them for valuable or fragile items since no receipt is provided.

## Scheduling a Pickup

If you cannot visit a drop-off location, schedule a pickup from your home or office. Most carriers offer free pickup as part of certain service levels or for a small fee. USPS offers free pickup for Priority Mail and First-Class Package Service. UPS and FedEx also offer pickup options, sometimes for a charge. Pickups are convenient and reduce the hassle of traveling with heavy packages.

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**COMMON MISTAKES TO AVOID WHEN YOU SEND A PACKAGE**

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Even experienced shippers occasionally make errors. By being aware of the most frequent pitfalls, you can ensure your shipping experience goes smoothly.

- **Using a box that is too large:** This increases dimensional weight charges and risks damage because items shift during transit.
- **Forgetting to remove old labels:** A leftover barcode or address label can confuse sorting machines and send your package to the wrong destination.
- **Skipping insurance for valuable items:** Standard carrier liability is minimal. If your item is worth more than the default coverage, purchase additional insurance.
- **Not confirming the address:** A simple typo in the street name or ZIP code can cause days of delay or permanent loss.
- **Using insufficient tape:** A box that opens during transit is a disaster. Seal all seams thoroughly.

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**TIPS FOR SAVING MONEY AND TIME ON EVERY SHIPMENT**

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Once you know how to send a package, you can optimize your process to save both money and time. Here are a few expert strategies:

1. **Use online shipping platforms:** Services like Pirate Ship, Shippo, or the carrier's own portal offer discounted rates not available at the counter.
2. **Reuse boxes and cushioning material:** Save money and reduce waste by reusing materials from packages you receive, as long as they are still in good condition.
3. **Choose slower shipping when possible:** If the recipient does not need the item urgently, select ground or economy shipping to cut costs significantly.
4. **Consolidate multiple items into one box:** Sending one larger package is often cheaper than sending several smaller ones, but be mindful of dimensional weight.
5. **Weigh and measure at home:** This prevents surprises at the counter and allows you to compare rates accurately before purchasing.

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**CONCLUSION**

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Learning how to send a package is a practical skill that simplifies modern life, whether you are handling personal errands or running a business. From selecting the right packaging and understanding dimensional weight to choosing the best carrier and service level, every step contributes to a successful shipment. By following the guidelines outlined in this article, you can avoid common mistakes, save money, and gain peace of mind knowing your package will reach its destination safely and on time. The next time you need to ship something