

Sleeping Beauty Original Story

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THE SLEEPING BEAUTY ORIGINAL STORY: A TALE FAR DARKER THAN DISNEY

When most people think of the Sleeping Beauty original story, they picture a magical castle, a spinning wheel, and a prince’s true love kiss breaking an ancient curse. This familiar image, largely shaped by Disney’s 1959 animated classic, is a sanitized and romanticized version of a much older, richer, and considerably darker narrative. The Sleeping Beauty original story, as it exists in folklore and early literary sources, is a complex tapestry woven with threads of fate, jealousy, and the harsh realities of the medieval world. To understand the true depth of this fairy tale, we must look past the fairy dust and delve into the original texts that have captivated audiences for centuries. This journey will explore the story’s earliest known versions, its symbolic meanings, and its evolution into the beloved tale we think we know today. The original Sleeping Beauty is less a story of passive waiting and more a chilling exploration of destiny, resilience, and the passage of time.

THE EARLIEST KNOWN VERSIONS: A DARKER BEGINNING

The Sleeping Beauty original story did not spring fully formed from the mind of a single author. Instead, it evolved over centuries, with different cultures adding their own unique and often brutal twists. The earliest known literary version is a medieval romance from the late 14th or early 15th century titled **Perceforest**. In this sprawling epic, we meet Zellandine, a princess who falls into a deep sleep after consuming a potion. However, the prince who finds her does not simply kiss her. The story takes a disturbing turn as he sleeps with her while she is unconscious, resulting in the birth of a child. It is the child, suckling on Zellandine’s finger and drawing out a piece of flax that was causing the sleep, who eventually wakes her. This raw, unromanticized origin story highlights how fairy tales were once intended for adult audiences, grappling with themes of consent, consequence, and the often-unwanted results of passion.

Giambattista Basile's *Sun, Moon, and Talia* (1634)

The most famous early literary version of the Sleeping Beauty original story comes from the Italian writer Giambattista Basile. Published posthumously in his collection *Lo cunto de li cunti* (The Tale of Tales, also known as the *Pentamerone*), the story of ***Sun, Moon, and Talia*** is far more graphic and unsettling. Here, the princess Talia is cursed by a splinter of flax entering her finger, not by a fairy but by a prophecy. After falling into a deep sleep, she is placed in a castle by her grief-stricken father. A king, out hunting, stumbles upon the castle and, finding the beautiful Talia, attempts to wake her. Failing to do so, he—“being a king,” as the text nonchalantly puts it—rapes her and leaves her sleeping. Talia eventually gives birth to two children (Sun and Moon) while still unconscious. One of the children, unable to find her breast, suckles on her finger and accidentally draws out the flax splinter, waking her. The king, who has since married a jealous queen, later returns to Talia. The queen discovers the affair and attempts to have the children killed and fed to their father, and then plans to burn Talia at the stake. The story ends with the king discovering the queen’s plot, executing her, and marrying Talia. This version is a stark reminder that the Sleeping Beauty original story was a brutal, misogynistic reflection of its time, focusing on violence, royal privilege, and a cruel form of justice.

THE LITERARY CANONIZATION: PERRAULT AND THE BROTHERS GRIMM

While Basile’s version is shocking, it was the French writer Charles Perrault who codified the version most people recognize as the Sleeping Beauty original story. His 1697 tale, ***La Belle au bois dormant*** (The Sleeping Beauty in the Woods), introduced many of the elements we associate with the story today, but it also retained some of the darker elements, including the second half of the tale.

Charles Perrault's *The Sleeping Beauty in the Woods* (1697)

Perrault greatly refined the story for a French aristocratic audience, adding elegance, fairies, and clear moral lessons. In his version, we find the classic elements: the christening of a princess, the seven fairies invited, an old, forgotten fairy who casts a death curse, and a younger fairy who mitigates it to a hundred-year sleep. The princess, Aurora, pricks her finger on a spindle and falls asleep, along with everyone in the castle. A prince, hearing the legend, arrives and finds her. In Perrault’s version, the prince does not kiss her; he simply kneels before her in awe, at which point the spell’s duration has expired and she awakens naturally. This is a key difference: the prince’s arrival is timed with the prophecy, not the cause of the awakening. The prince and Sleeping Beauty marry and have two children, named Dawn and Day.

However, Perrault’s story does not end there. The second half of his tale is a direct descendant of Basile’s. The prince’s mother is an ogress who, when the prince goes off to war, demands that her daughter-in-law and grandchildren be served to her for dinner. The cook repeatedly kills animals instead of the children to save them. The ogress eventually discovers the deception and orders a vat of snakes and reptiles to be prepared to kill the princess and her children. The prince returns just in time, and his mother, in a rage, throws herself into the vat and dies. This original ending, full of cannibalism and attempted murder, is often omitted from modern retellings. Perrault’s version thus presents a dual narrative: the magic of the initial sleep and the grim reality of courtly intrigue and survival that follows.

The Brothers Grimm's *Little Briar Rose* (1812)

The German Brothers Grimm, Jacob and Wilhelm, published their version, ***Dornröschen*** (Little Briar Rose), in 1812. They were intent on preserving the authentic, folkloric spirit of the German people, and their version is significantly cleaner and more moralistic than Perrault’s. They removed the second half of the story entirely. In *Little Briar Rose*, the story ends with the prince’s kiss awakening the princess, and they live happily ever after. There is no jealous queen, no attempted cannibalism, and no children born during the sleep. The Grimms’ tale is also notable for introducing the idea of the thorny hedge that grows around the castle and is breached by the prince at the precise moment the prophecy is fulfilled. They popularized the kiss as the magical trigger for the awakening, a concept that later became central to the Disney film. Their version is the one that ultimately served as the primary source for most modern, sanitized adaptations.

SYMBOLISM AND INTERPRETATION OF THE ORIGINAL TALE

The Sleeping Beauty original story is rich with symbolic meaning that has been analyzed by folklorists, psychologists, and literary critics for centuries. The story is not simply a passive romance; it is a complex allegory.

- **The Spinning Wheel and Puberty:** The curse of the spindle is a clear metaphor for female puberty and the onset of sexuality. The princess, living in innocence, is forbidden from encountering the very object that will define her womanhood. The pricking of her finger is a symbolic act of sexual penetration and the loss of innocence, which result in a long “sleep” or passive state, a common trope for the suppression of female agency in patriarchal societies.
- **The Hundred-Year Sleep:** This period represents a state of suspended animation, a waiting period for the world to be ready for the princess’s awakening. It can be interpreted as a metaphor for the transition from childhood to adulthood, or as a critique of a society that seeks to control female sexuality by putting it “to sleep” until an appropriate (male) partner arrives.
- **The Prince and the Resolution:** The prince in the Sleeping Beauty original story (especially in Basile’s version) is not a hero but an aggressor. In Perrault and the Grimms, he becomes a symbol of fate and the inevitable passage of time. His role is less about active heroism and more about being in the right place at the right time. The story can be seen as a narrative about the natural cycle of life, death, and rebirth, where the sleep is a necessary period of dormancy before the renewal of spring and the cycle of generations.
- **The Jealous Mother/Ogress:** The second half of Perrault’s tale introduces a powerful symbol of the dangers lurking within the family structure. The ogress mother-in-law is a classic archetype of the jealous, possessive parent who views the new wife as a threat. This part of the story highlights the difficulties of integration into a new family and the violence that can arise from familial jealousy and power struggles.

HOW THE ORIGINAL DIFFERS FROM MODERN ADAPTATIONS

The most profound difference between the Sleeping Beauty original story and the Disney version is the erasure of the second, darker half. By cutting the story after the awakening, Disney created a simple, romantic narrative of love conquering all. The prince is a hero who fights through the thorns and wakes the princess with a kiss, and the story ends with a happily ever after. In the original, the princess does not just wake up and marry a prince; she wakes up as a mother of two, having been violated while asleep. The prince is not a pure hero; he is a king who commits a rape in Basile’s and a man who abandons his family in Perrault’s. The story is not just about a curse but about the consequences of that curse and the fight for survival against an evil matriarch. The Disney version replaces the original’s complex themes of victimhood, trauma, and resilience with a simple message about romantic love. The original story offers a far more nuanced, and often disturbing, exploration of power, agency, and the harshness of life, making it a more mature and thought-provoking tale.

THE ENDURING LEGACY OF THE SLEEPING BEAUTY ORIGINAL STORY

Despite its grim origins, the Sleeping Beauty original story has shown remarkable resilience and adaptability. It has been retold in countless forms: in ballet (Tchaikovsky’s *The Sleeping Beauty*), opera, film, literature, and even psychological studies. The core idea of a deep sleep from which one must be awakened is a powerful universal metaphor. It resonates with our fears of paralysis, of time passing us by, and of a life unlived. The story’s dark edges, while often sanded down, continue to attract storytellers who wish to explore the themes of fate, consent, and the transition from innocence to experience. Modern retellings, such as Neil Gaiman’s *The Sleeper and the Spindle* or Angela Carter’s *The Bloody Chamber*, actively subvert the original narrative, giving voice to the silenced princess or reimagining the prince as a less central figure. The enduring power of the Sleeping Beauty original story lies not in its neat, romantic ending, but in its potent, unsettling symbols that continue to challenge and fascinate us. It is a story that refuses to stay asleep, continually awakening in new and unexpected forms.

CONCLUSION

The Sleeping Beauty original story is a far cry from the gentle fairy tale we often remember. It is a brutal, beautiful, and deeply ambiguous narrative

that has evolved from a medieval rape fantasy to a family drama and finally to a sanitized romance. The versions by Basile and Perrault reveal a world where magic is dangerous, power is cruel, and “happily ever after” is not guaranteed. By understanding the original story, we gain a deeper appreciation for the art of adaptation and the ways in which each generation reshapes its folklore to reflect its own values and anxieties. The tale of the sleeping princess is ultimately about awakening—not just from a magical sleep, but from our own assumptions about what a fairy tale can be. The original story, in all its dark glory, invites us to look beyond the kiss and explore the tangled thorns of history, symbolism, and the human condition.