

Mad Men Season 7 Episode Guide

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THE FINAL CHAPTER: AN IN-DEPTH MAD MEN SEASON 7 EPISODE GUIDE

When **Mad Men** returned for its seventh and final season, fans knew they were about to witness the end of an era. Series creator Matthew Weiner famously split the season into two distinct halves: **Season 7A: The Beginning** (seven episodes) and **Season 7B: The End** (seven episodes). This final season masterfully tied together character arcs that had been unfolding since the first episode in 2007. From Don Draper’s existential crisis to Peggy Olson’s rise, Roger Sterling’s search for meaning, and the collapse of the iconic Sterling Cooper & Partners, the **Mad Men Season 7 episode guide** offers a poetic conclusion to one of television’s greatest dramas. Whether you are revisiting or discovering these episodes for the first time, this guide will walk you through every moment, theme, and turning point.

Set mostly in 1969 and early 1970, Season 7 captures a nation in flux—the moon landing, the Vietnam War, the rise of counterculture, and the fading of the 1960s golden age. For the characters at the ad agency, the world is changing faster than they can keep up. Let’s dive into the full episode breakdown, exploring what makes each entry memorable and essential.

Season 7A: The Beginning (Episodes 1–7)

EPISODE 1: "TIME ZONES"

The season premiere immediately throws us into a fractured world. Don Draper is living in Los Angeles, commuting to New York for work, while his marriage to Megan is visibly crumbling. The cold open sets the tone: Don is alone in his sterile apartment, watching the moon landing footage on a fuzzy TV. Meanwhile, Peggy struggles to manage the agency’s new merger with McCann Erickson, and Roger begins a new chapter with his much younger wife, Marie. "Time Zones" establishes that the beginning of the end is already underway—nothing will be the same.

EPISODE 2: "A DAY'S WORK"

This episode shifts focus to the office dynamics and the often overlooked secretaries. Dawn, Peggy’s assistant, becomes entangled in a petty crime when her friend attempts to steal from the office. Meanwhile, Don struggles to connect with his daughter Sally, who is growing more independent and perceptive. The episode explores themes of race, class, and loyalty within the agency. It’s a quieter installment, but essential for understanding the social tensions simmering beneath the surface of 1960s corporate America.

EPISODE 3: "FIELD TRIP"

Don returns to New York full-time, but his relationship with Megan reaches a breaking point. After a disastrous trip to a new apartment in Manhattan, Megan realizes Don will never change. Meanwhile, Peggy pitches a campaign for Burger Chef and faces sexism from a male client. This episode marks a turning point—Don’s personal life is in shambles, and the agency’s future is uncertain. The symbolic "field trip" is Don’s attempt to salvage something that is already lost.

EPISODE 4: "THE MONOLITH"

The agency splits into two creative teams: one led by Don and Peggy, the other by Ted Chaough and Jim Cutler. The pressure is on to land the Burger Chef account. Don, reeling from his separation from Megan, begins to spiral. In a memorable scene, he confesses to Sally that he has failed as a father. The episode’s title references the monolithic challenge of modernizing the agency—and Don’s inability to keep up with the times.

EPISODE 5: "THE RUNAWAYS"

This episode introduces a darker side of the 1960s counterculture. Don meets a charismatic drifter named Diana (played by Elizabeth Reaser), who becomes his newest romantic obsession. Meanwhile, Roger experiments with LSD again, and Megan’s acting career takes a strange turn. The episode feels disjointed on purpose—perfectly capturing the chaos of the era. Don’s pursuit of Diana represents his flight from responsibility and his search for something real.

EPISODE 6: "THE STRATEGY"

Peggy and Don finally collaborate effectively on the Burger Chef pitch. The episode features one of the series’ most tender moments: Don and Peggy share a quiet drink in a diner, and he tells her, "You’re the only person who really knows me." It’s a rare moment of vulnerability. Meanwhile, Pete Campbell must decide whether to stay in New York or move to Wichita with his new company. The "strategy" is about more than advertising—it’s about how to survive the changing landscape.

EPISODE 7: "WATERLOO"

The mid-season finale is a triumph. The moon landing becomes a metaphor for hope and new beginnings. Don delivers one of his best pitches, connecting Burger Chef to the idea of family dinners. But the episode’s emotional core is Pete’s decision to leave the agency—and the revelation that Don has been suspended indefinitely. The partners sell the agency to McCann Erickson, but Don is excluded from the deal. "Waterloo" ends on a bittersweet note: victory for some, defeat for Don.

Season 7B: The End (Episodes 8–14)

EPISODE 8: "SEVERANCE"

The final half begins with Don on forced leave. He wanders through New York, aimless and disconnected. The agency is now fully absorbed by McCann Erickson, and the old gang must adapt. Peggy and Roger try to carve out their own spaces, while Joan faces new challenges as a woman in a male-dominated firm. "Severance" is a slow, melancholic episode that sets the stage for Don’s final journey.

EPISODE 9: "NEW BUSINESS"

Don pursues a brief affair with a neighbor, but it ends badly. More importantly, Megan finally signs divorce papers, though she demands a large settlement. Meanwhile, Roger discovers that his daughter is planning a wedding without his input. The episode is about letting go—of people, of money, of the past. Don’s downward spiral continues, and the audience feels the weight of his loneliness.

EPISODE 10: "THE FORECAST"

Don is asked to give a speech about the future of advertising for a magazine article. He struggles to find meaning in the assignment, reflecting his own lack of direction. Porter, a new account man, challenges Don’s cynicism. Peggy faces her own crisis when she is offered a promotion that would require her to move to Los Angeles. The "forecast" is ambiguous: the future is unwritten, and everyone is afraid.

EPISODE 11: "TIME & LIFE"

The agency’s absorption into McCann is complete, and the partners must decide what to do with their remaining funds. Don, desperate and broke, is forced to accept a buyout. Meanwhile, Betty reveals that she has been diagnosed with lung cancer. The episode is devastating: the old world is dying, both literally and figuratively. Don and Betty’s final conversation is heartbreakingly honest.

EPISODE 12: "LOST HORIZON"

Don finally hits rock bottom. He abandons New York and drives across the country, ending up in a motel in Pennsylvania. He meets a retired waitress who tells him about her son who died in Vietnam. Don’s journey becomes a physical and spiritual quest. Meanwhile, Joan is sexually harassed at McCann and decides to start her own production company. The "lost horizon" is the illusion of the American Dream—Don is chasing something he can no longer define.

EPISODE 13: "THE MILK AND HONEY ROUTE"

Don continues his road trip, eventually arriving at a motel in Kansas. He meets a troubled young veteran and helps him steal money from the motel’s owner. In a key scene, Don confesses his true identity—something he has rarely done. He admits to being a fraud, a man who has spent his life selling lies. This is the moment of catharsis. The episode’s title refers to a path of riches, but Don finds something different: honesty.

EPISODE 14: "PERSON TO PERSON"

The series finale. Don ends up at a retreat in California, led by a guru named Leonard. The other participants share their stories, and Don breaks down during a group session. In the famous final scene, Don sits on a hillside, meditating. His eyes well up with tears, and a smile spreads across his face. The screen cuts to black—and then we see the classic Coke commercial "I’d Like to Teach the World to Sing." The implication is that Don’s enlightenment leads to the greatest ad of all time. But is it a sell-out or a rebirth? The ending remains one of the most debated in television history.

KEY THEMES IN MAD MEN SEASON 7

Throughout this episode guide, several themes recur: the search for identity, the end of an era, the cost of ambition, and the possibility of change. Don Draper’s arc is especially resonant—he begins the season as a man in control, but ends as someone stripped of everything. Only then does he find a semblance of peace. Similarly, Peggy learns that success does not fill the void, while Roger discovers that humor cannot shield him from

mortality.

The **Mad Men Season 7 episode guide** is more than just a list of plot points. It’s a deep dive into a decade’s final gasp. The show’s meticulous attention to period detail—fashion, music, political events—grounds the emotional drama in a vivid historical context. Watching the season now, one sees the birth of modern advertising and the death of the old gentleman’s club culture.

ESSENTIAL VIEWING TIPS FOR SEASON 7

- **Watch in order:** The episodes are tightly serialized; skipping ahead will diminish the impact of character transformations.
- **Pay attention to the music:** Each song is carefully chosen to reflect mood and era—from The Beatles to The Rolling Stones to obscure folk.
- **Notice the visual motifs:** Doors, windows, and mirrors appear frequently, symbolizing the characters’ entrapment and longing.
- **Read between the lines:** Much of the dialogue is subtext; what is unsaid often matters more than what is spoken.
- **For final clarity, rewatch "The Wheel" (Season 1 finale):** The finale of Season 7 echoes Don’s earlier epiphany about family and

happiness.

For fans and newcomers alike, **Mad Men Season 7** is a masterclass in storytelling. It rewards patience and careful viewing. Whether you are analyzing Don’s final smile or Peggy’s quiet triumph, every frame is intentional.

CONCLUSION

The **Mad Men Season 7 episode guide** reveals a season that is both a conclusion and a new beginning. It acknowledges that some endings are messy, some losses are permanent, and some transformations are ambiguous. Don Draper’s journey from a broken man to one who finds a moment of genuine peace is the heart of the season. But the show also gives its other characters closure: Peggy gains confidence; Joan finds independence; Roger embraces vulnerability; and Pete finally grows up. If there is one takeaway from this final season, it is that advertising—like life—is about telling stories that connect us. And in the end, the best story is the one we tell ourselves about who we can become. The final season of Mad Men remains a timeless reflection on identity, change, and the enduring power of human connection.